## **Judging - Perceiving**

Australian population J = 50%, P = 50%

## How do you orient to the outer world? This final scale describes the way you deal with the outer world and how you orient yourself in relation to it.

This dimension refers back to the previous two scales. If you prefer the Judging side of this scale you will extravert your Thinking or Feeling Function (whichever was your choice on the previous scale). If you choose the Perceptive side of the scale you will extravert your Sensing or Intuitive Function (whichever was your choice on the second dimension discussed). Interestingly this Judging and Perceiving scale seems to define two very different types of people. Originally this scale was designed simply to help establish which was a person's dominant or most preferred function.

Those who choose a Judging attitude (either thinking or feeling) live in a planned, orderly way, wanting to regulate and control their external world.

When using your judging Function you are ordering your environment, being decisive, exacting, systematic and wanting to draw closure.

Organised
Decisive
Exacting
Systematic
Drawing closure

Those who have a preference for Perception when dealing with the outer world (either sensing or intuition) like to live in a spontaneous, relaxed and adaptable style.

When using Perception, you are taking in information, keeping the options open and putting off making decisions.

Adaptable
Curious
Tolerant
Spontaneous
Avoiding conclusions

A number of examples may help to allow you to identify your preference on this scale.

Going on a holiday the Judging Type will tend to have everything planned and booked in advance. The Perceiving Type will want to be spontaneous and take things as they come.

Judging Types like to get tasks accomplished, whereas Perceiving Types rather like to enjoy the task.

Judging Types can make decisions too quickly without enough data, whereas Perceiving Types will tend to want to continue collecting data and put off making the decision.

Judging Types need to achieve in life whereas Perceiving Types would rather enjoy life for itself.

Essentially Perceiving Types prefer to stay open to experience, enjoying and trusting their ability to adapt to the moment, Judging Types prefer to be structured and organised and prefer to have things settled, wrapped up and finished.

Judging Types tend to feel frustrated or annoyed when plans they have made are disrupted.

Using this page and other examples that you can think of within these definitions you can now plot your type on the scale below and compare it to your M.BT.I. result.

## HOW DO I ORIENT TO THE OUTER WORLD?

J [	P
ORGANISED	ADAPTIVE